

What's On at Our Venues

BAYS COMMUNITY CENTRE CLASSES & GROUPS

ART AND CRAFT

Bays Patchwork Fortnightly Thurs, 7-9.30pm.
All levels of ability, beginners to experienced.
Demos & classes also held. Ph Sue 413 8239

Crazy Quilters This fun, relaxed group meets
4th Saturday of each month, sharing ideas
& techniques of an old patchwork style.
Ph Marilyn 476 9585

Creating Happiness Art Therapy group.
artstherapyaukland@gmail.com

Browns Bay Evening Spinners Fortnightly, Tuesdays;
Ph Helga 479 1668

North Shore Sunday Quilters Bring along your knitting,
sewing or embroidery project for fun & friendship.
Open group, non-teaching. Ph Melva 479 7572

On the Hook Crochet Club Saturdays 3.30-5pm.
Ph Olga 021 023 84495.

SPECIAL INTEREST ACTIVITIES & GROUPS

Browns Bay 60s Up Movement Ph Phillip 479 4696

Mahjong Thu 10am-2pm. Ph Jane 478 5392
or Patsy 475 5763

North Shore Board Games Wed evenings.
Ph Alistair 022 653 3134

Rummikub 1st & 3rd Wed mornings.
Ph Annette 441 3019

Social Scrabble Group Tuesdays 10am; \$1 per session.
Ph Stella 478 8382.

Spanish Flamenco & Classical Guitar All ages.
Sat afternoons. Ph Maria 021 962742

U3A Browns Bay Are you retired? U3A Browns Bay offers
you top-line speakers & the opportunity to explore
new interests in study groups at convenient times.
Ph Monette 478 1928. www.u3abb.net.nz

Writing Family Memories for Future Generations
Older Women's Network . Ph Patricia 479 7519

HEALTH, FITNESS & WELLBEING

Dementia Social Group Margaret 489 3176 or 027 225 8893

Divine Intervention Introduction to Self Healing
3-hour morning session, limited numbers. \$30.
Ph Judy 478 6065.

Laughter Yoga Seriously good for you. Join in the fun for
an internal jog every Sat 9-9.45 am. Ph Louise
027 475 3734 or email laughterbrownsbay@gmail.com

Pilates Mondays starting 5 Feb 7.30. stef.goder@gmail.com

Reiki 4th Wed of the month. Contact
martinturback@icloud.com

Sahaja Yoga Meditation Find peace and balance within
yourself. Mon 7.30pm. Free of charge. Ph Maria 479 9511.

Seniors Stand Tall daytime classes. \$10 class or \$80 term.
Ph Kim 021 222 2865

Tai Chi Thursday 8.15-9.15am. Individual tuition is also
available. Ph 478 3309 or 021 764 980;
wailingwan@gmail.com.

Tai Chi Monday evenings & Wednesday afternoons.
Ph Bruno 021 155 4606

Tai Chi Fridays 9.30-10.30; Sherie 021 536 411

Yoga Tuesdays 6-7pm. Mary 027 775 5233
divinethunderbolt@gmail.com

LANGUAGES

Amicale Francaise First Sunday of the month for petit
dejeuner & conversation. afnorthshore@gmail.com

English Browns Bay Community English School.
Mon-Fri daytime. Several levels. Ph Linda 478 3107
www.brownsbayenglish.co.nz. Several levels

French Ph Corinne 09 426 1104 or 021 880 649.
corinne.monecole@gmail.com

NZ Sign Language Thu evenings.

nzsl@auckland-deaf.org.nz . Ph 630 6980.

ST ANNE'S HALL CLASSES & GROUPS

HEALTH, FITNESS & WELLBEING

Born Again Bodies Wed afternoons. Strength, balance
& flexibility at any age. Ph Gary 479 2212.

Table Tennis Mon, Tue & Fri 11.30am-1.30pm.
For all ages & levels of ability. Ph Debbie 478 4091

ART

Art Group

Fortnightly, Thu. All levels of ability welcome
(incl beginners).

Contact Margaret Rex.RED@xtra.co.nz

DANCE

Ceroc Dance Wed. Beginners from 7.30pm, Intermediate
8.30pm. First class free for all new beginners, no partner
required. For more info visit
www.modernjivedance.co.nz or ph 0272 957 007.

Braemar Scottish Country Dancing Tuesday evenings.
ph Angela 478 3138

Ritz Dance Studio Wed afternoons. Ph Anna 021 131 5400

Zumba Gold Mon 1.45-2.45; a more gentle workout!
zumbagoldwithkat@gmail.com

We have 9 spaces available for community meetings, classes, courses & activities, at affordable rates.

If you are looking for a venue, contact Debbie on 478 4091.

We can also assist you to get your course started & provide free advertising.